

Prayers to Saint Dymphna

Opening Prayer

O God, we ask you through the intercession of your servant, St. Dymphna, who sealed with her blood the love she had for you, to grant relief to those in our midst who suffer from mental or emotional disorders. Through Christ, your Son, our Lord.

Amen.

Litany

Lord, *have mercy on us.*

Christ, *have mercy on us.*

Lord, *have mercy on us.*

Christ, *hear us.*

Christ, *graciously hear us.*

God the Father of heaven, *have mercy on us.*

God the Son, Redeemer of the world, *have mercy on us.*

God the Holy Spirit, *have mercy on us.*

Holy Trinity, one God, *have mercy on us.*

Holy Mary, Virgin and Mother of God, ***pray for us.***

Health of the sick, ...

Comforter of the afflicted, ...

Help of Christians, ...

St. Dymphna, virgin and martyr, ***pray for us.***

St. Dymphna, beautiful in soul and body, ...

St. Dymphna, docile to the example set by your devout mother, ...

St. Dymphna, obedient to your holy confessor, ...

St. Dymphna, who fled the court of your father to escape immorality, ...

St. Dymphna, who chose a life of poverty on earth, to store up treasures in heaven, ...

St. Dymphna, who sought strength and consolation in prayer, ...

St. Dymphna, faithful spouse of the divine Bridegroom, ...

St. Dymphna, devoted to the Mother of God, ...

St. Dymphna, martyr of holy purity, ...

St. Dymphna, shining example of Christian youth, ...

St. Dymphna, renowned for many miracles, ...

St. Dymphna, glory of Ireland and Belgium, ...

St. Dymphna, compassionate toward those in need, ...

St. Dymphna, protector against mental illness and emotional disorders, ...

St. Dymphna, consoler of the afflicted, ...

St. Dymphna, friend of the helpless, ...

St. Dymphna, hope for those who are depressed, ...

St. Dymphna, light of those in mental darkness, ...

St. Dymphna, patroness of those who suffer from mental illness or emotional disorders, ...

That we may love the Lord our God with all our hearts and above all things, *we beseech you, hear us.*

That we may hate sin and avoid all occasions of sin, ...

That we may safeguard the virtue of purity in heart and body, ...

That we may receive the sacraments frequently, ...

That we may be granted the spirit of prayer, ...

That we may be humble and obedient, seeking God's will in our lives, ...

That we may seek to have confidence in God during times of suffering, ...

That we may persevere in God's love until the end of our lives, ...

In times of sickness, disease, war, and persecution, ...

In our last illness, ...

At the hour of death, ...

Lamb of God, you take away the sins of the world, *spare us, O Lord.*

Lamb of God, you take away the sins on the world, *graciously hear us, O Lord.*

Lamb of God, you take away the sins of the world, *have mercy on us.*

V. Pray for us, St. Dymphna,

R. *That we may become worthy of the promises of Christ.*

Let us Pray

O God, you gave St. Dymphna to your Church as an example of virtue, and willed that she should seal her faith with her innocent blood. Grant that we who honor her as patroness of those afflicted with mental illness or psychological disorders, may continue to enjoy her powerful intercession and protection and attain eternal life.

Through Christ our Lord. Amen.

For information on this Saint, click [here](#).